

# The Haven at College's Virtual Outpatient Center Program Meets Students Wherever They Are!

## Effective Primary Mental Health and Substance Use Disorder Treatment is Now Online

The Haven at College's Virtual Outpatient Program is tailored to the specific needs of the college aged young adult and combines evidence-based group and individual treatment modalities, body-mind connection, psycho-educational groups, and case management. Connect with like minded peers who, along with Haven clinicians, provide community, accountability and relief from isolation during this challenging time. Students and families can access Haven services from their smartphones, tablets and laptops from the comfort of their dorm room or living room.

### Treatment Services:

- Group Therapy
- Individual Therapy
- Case Management
- Life Skills
- Educational Sessions

### How it Works:

- Appointment reminders and access instructions are sent by email and text the day before the appointment
- Access services from smartphone, tablet or computer
- Secure and HIPAA compliant

### Recovery & Community Support

- Recovery Coaching
- Family Support
- Online Recovery Meetings
- Online Peer Support

**The Haven Outpatient Center is in-network with many student insurance plans and accepts most PPO insurance on an out-of-network basis. Call 888.224.2836 to check your benefits.**



**With the recent revisions to telehealth regulations we can  
treat students in CA, MD, OH, MA.**

**Call us today at 888.224.2836 or  
email [info@thehavenatcollege.com](mailto:info@thehavenatcollege.com).**

**[TheHavenAtCollege.com](http://TheHavenAtCollege.com)**